

**David Fink**

Mr. Fink is a program developer with the Metropolitan Area Agency on Aging for the seven-county metropolitan area of the Twin Cities, an agency with a focus on implementing evidence-based programs in local multicultural communities. Mr. Fink is a master trainer in three evidence-based programs: “A Matter of Balance” and “Chronic Disease Self-Management” and “Diabetes Self-Management.” He became interested in TJQMBB in 2012 and was trained to be an instructor in the same year. As an instructor, he taught four TJQMBB classes for local community-dwelling

older adults. Mr. Fink became an authorized TJQMBB trainer in 2015 and has since delivered 10 workshops, primarily in Minnesota but also in other states. As part of his job responsibilities, Mr. Fink is involved in coordinating and monitoring many community-based TJQMBB classes in the Twin Cities area and has co-published an article on the implementation of TJQMBB in diverse multicultural settings.

Reference

Fink D, Houston K. Implementing an evidence-based Tai Ji Quan program in a multicultural setting: A pilot dissemination project. *J Sport Health Sci* 2014;3:27-31.