

David Fink

Dave's business, Fifth Iteration LLC, focuses on training new leaders in evidence-based programs including Tai Ji Quan: Moving For Better Balance, A Matter of Balance, Chronic Disease Self-Management Program, Diabetes Self-Management Program and Chronic Pain Self-Management Program. Dave became interested in TJQMBB in 2012 and was trained to be an instructor in the same year. As an instructor, he has taught multiple TJQMBB classes for local community-dwelling older adults. Dave became an authorized TJQMBB trainer in 2015 and has since delivered more than 25 new instructor workshops, primarily for the Juniper network in Minnesota but also in other states. He co-published an article on the implementation of TJQMBB in diverse multicultural settings which can be found on the TJQMBB website.

Dave lives with his wife, Susan, and miniature dachshund, Kibo, in St. Louis Park, MN.